Every call made, email sent and website visited is now being logged under new regulations. What does that mean for investigative journalists - and their need to protect sources?

Want to be an investigative journalist of the future? You'll need a pen and paper, pay-as-you-go phone, and a motorbike. We'll explain the motorbike later. But you may be an endangered species. New regulations that came into force last week - requiring telephone and internet companies to keep logs of what numbers are called, and which websites and email services and internet telephony contacts are made - have left some wondering if investigative journalism, with its need to protect sources (and its sources' need, often, for protection), has been dealt a killer blow.

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