



According to an article in The American Journal of Clinical Nutrition, the average American eats about 44 kg (about 97 pounds) of beef every year. That number may be shocking to some people. However, it's not nearly as shocking as the news reported by The Daily Green concerning the latest addition to the diet of the American cow: "potato chip and chocolate waste not fit for the junk food aisle at the grocery store."

That's right. Farmers are feeding cattle potato chips and chocolate scraps. Ever wonder what happens to those broken potato chips and chocolate candies? It's bad enough that many children are permitted by their parents to eat this kind of junk food. Now, to make matters worse, they are experiencing even more ill health-effects through a meat-based diet, courtesy of farmers whose primary concern is turning a huge profit.

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