

The US Supreme Court on Thursday largely upheld the Patient Protection and Affordable Care Act, the centerpiece of President Obama's first term in office. Chief Justice John Roberts, a conservative appointed by George W. Bush, joined with the high court's four liberals and penned the majority opinion.

In their dissent, the court's four other conservative justices said they would have struck down the entire law. So what does the court's ruling mean for regular Americans?

After the ACA's passage in 2010, Mother Jones' Nick Baumann listed 10 ways Obama's signature health care law will impact the healthy and sick, young and old, rich and poor. Here they are:

1) Insurance companies can no longer impose lifetime coverage limits on your insurance. Never again will you face the risk of getting really sick and then, a few months in, having your insurer tell you, "Sorry, you've 'run out' of coverage." Almost everyone I've met knows someone who had insurance but got really, really sick (or had a kid get really sick) and ran into a lifetime cap.

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