

## Drew Carey loses 80 pounds and cures his own diabetes

Thursday, 05 August 2010 07:28 -

---



The 52-year-old former host of The Drew Carey Show explained to reporters that he got tired of being fat and seeing himself on camera. So he embarked on a plan to cut the junk from his diet and begin a daily exercise routine. After losing nearly 80 pounds in about six months, Carey also cured himself of his type-2 diabetes.

"I'm not diabetic anymore. No medication needed," he explained.

Carey's success story is an amazing testimony to the power of healthy eating and exercise in curing disease and maintaining good health. Rather than rely on pharmaceutical drugs like many do, Carey has raised the bar and set a good example for the public of how to achieve true health.

[More...](#)