The current health care reform debate in Washington is really just a distraction -- a ploy to keep everyone focused on all the wrong topics while quietly refusing to talk about the big issues that threaten the health of an entire nation.

- 1. Ending the FDA's suppression of natural cures and safe, effective nutritional supplements.
- 2. Initiating a real investment in public education to teach people about how to prevent disease with nutrition.
- 3. Ending Big Pharma's monopoly on drug prices and drug patents (not to mention patents on human genes and animals).
- 4. Restoring the ability for local doctors to practice local medicine without being controlled from bureaucrats in Washington.
- 5. Cracking down on junk food advertising, soda advertising and pharmaceutical ads that convince people to purchase products that will only harm them.
- 6. Banning dangerous chemical ingredients that cause diseases in the first place (aspartame, MSG, sodium nitrite, etc.)
- 7. A real effort to improve school lunches and serve food that's nutritious instead of food that's cheap and convenient.
- 8. Ending bizarre food subsidies on crops like corn that end up making high-fructose corn syrup the cheapest sweetener for manufacturers to use.
- 9. Affirming health freedom for parents who wish to opt out of the current system of forced vaccinations and gunpoint-enforced chemotherapy.
- 10. Requiring honest food labeling where irradiated and GMO foods are clearly labeled as such.

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