A person using the pseudonym Elizabeth Nelson told The Project Camelot website that she personally heard officials agree on the order to shoot down Flight 93. The decision was apparently made because the plane was flying in a no-fly zone near to Camp David and heading toward Site R, a military facility in known as the "backup Pentagon".

Because the woman refuses to provide her real name, the authenticity of her story is very much up for debate, but in a 40 minute MP3 recording of the interview, she relates what she witnessed in as sincere and genuine a way as one could expect. This individual has seemingly little to gain from making up such a story, unless it's part of a deliberate disinformation campaign.

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